



Newsletter

YOUR BUSINESS AND COMMUNITY CONNECTION

August 2022

685 Hwy. 52 Bypass W. • Lafayette, TN 37083 • Phone (615) 666-5885 • Fax (615) 666-6969
www.maconcountychamber.org

WELCOME CENTER HOURS: Monday - Friday, 8:00 a.m. - 4:00 p.m., Saturday & Sunday, Closed
2022 Board of Directors and Staff:

Craig Harris - Chairperson, Brandon Clark - Vice Chairperson, Logan Tuck - Treasurer
Laura Merlo, Keith Allen, Jeffrey W. Massey, Felliasha Adams, Titus Carter,
Mayor Steve Jones, Mayor Jerry Wilmore, Mayor Kenneth Hollis
Jennifer Hardman - Director • Brenda Hielt - Assistant Director

Letter from our Chairperson

Greetings all,
School is starting.

Regardless of whether we have children in school, when we get to this point in the year, it kind of feels like summer is over, doesn't it?

Where does the time go?

We all talk about this a lot, but it really does seem that time passes by quickly ... especially during busy stages of our lives.

Yet, do we ever escape those busy stages nowadays?

It's cliché of course, but we hardly slow down – much less stop – to smell the roses. It's unfortunate, because as we look around us, it's evident how blessed that we are in this life that we have been given, in spite of its inevitable challenges.

Yet, the busyness of life is a trap that we seemingly all fall into.

I respect and admire those of you who are living purposeful lives. A lot of times, in our striving to be productive and purposeful, we find ourselves spread way too thin.

It would certainly be great if we could glance back and think upon the great blessings that we've experienced and those that we are still experiencing instead of feeling as if life is passing us by due to our hectic schedules. It would certainly seem as if God would be pleased with us slowing down with thankful hearts in order to enjoy His blessings that He extends to us ... as opposed to doing what we engage in far too often, which is to shake our heads as we murmur, "Where does the time go?"

As we find the brake pedal, may we not just find time for ourselves, but may we also think of how that we might be a blessing to someone around us. That servant mentality and posture of selflessness leads to being able to live with joy and contentment.

I admittedly used to chuckle a bit when I would see the ever-popular home décor adorned with these three words, "Live, Laugh, Love."

Now, I chuckle at the wonderful – yet simple – encouragement contained within that trio of truth. Most of us could probably stand to slow down in order to intentionally live, laugh and love more.

Here's to a wonderfully-blessed 2022-23 campaign for all of the students and educators in Macon County. And don't be discouraged with the launch of school ... summer doesn't officially end until Sept. 22!

Until next month ...

Craig Harris, Chairperson

Macon County Chamber of Commerce Board of Directors



2022 BOARD MEETINGS: 8:30 - 9:30 - WELCOME CENTER

January 18, February 15, March 15, April 19, May 17, June 21, July 19, August 16, Sept. 20, October 18, Nov. 22

2022 QUARTERLY LUNCHEONS: 11:30 - 1:00 - TBD

March 22 - 1st Quarter, June 28 - 2nd Quarter, September 27 - 3rd Quarter, November 15 - Annual Banquet





CALENDAR OF EVENTS

Monday, August 1st-6th at the Macon

County Fairgrounds will be the Fair and all the events it brings to our community. For more information, please call 615-670-3104.

Friday, August 5th at 1:00 pm, at Step Back in Time, 252 Main Street, Red Boiling Springs, Herbal Remedies with Darlene G. In this class we will be making ointments for wound care and lotion for skin care. All materials are supplied. Class fee is \$15 and limited to 8 students. Text 615-388-3046 or leave a message at 615 - 699-1919 to register.

Saturday, August 6th at 10am, Darlene Gunther is teaching an Intro to Qigong @Bilbrey Pavilion. This class is part of The 37150 Grow On- a series of wellness classes provided the first Saturday at 10 @ Bilbrey Park, every month until it gets cold.

Sunday, August 14th at the Macon County Chamber of Commerce Community Room there will be a cooking class from 1:30pm-3:00pm. Call 615-666-6931 to register and for more information.

Saturday, July August 20th at 10:30 am we will be making decorative Bee Hives with clay pots at Step Back in Time, 252 Main Street, Red Boiling Springs. See Facebook @SBI for pictures. Great for table display. All materials will be supplied. Class fee is \$20 and limited to 8 students. Text 615-388-3046 or leave a message at 615 - 699-1919 for more information.

Tuesday, August 23rd at 7:00pm Vision 2020 will hold their monthly meeting at The Armour Hotel in Red Boiling Springs, TN. Contact Rita at 615-388-3046 or visit www.vision2020inc.com.

Saturday, August 27th at 10:30 am, Get a heads up on the holidays with this mantle/table decoration made from slices of tree limb. One side is a snowman and the other is a stack of pumpkins. See Facebook for pictures. Step Back in Time, 252

Main Street, Red Boiling Springs. Class fee is \$20 and limited to 8 students. Text 615-388-3046 or leave a message at 615-699-1919 for more information.

Saturday, August 27th at 7:00pm the Red Pump Café presents "Songwriters and Storytellers"

At the Step Back in Time Shop in Red Boiling Springs, TN. There is a cover charge of \$5.00 that includes dessert and a drink. If you are a songwriter or storyteller and would like your turn at the mic, contact Karen at 615-670-0606 or visit www.vision.2020inc.com

CPR Classes at Macon Community Hospital monthly. Call 615-688-7907 for more information.

Monday, August 22nd at 5:00pm Macon Community Hospital will hold a Diabetes Support Meeting in the conference room. For more information call 615-688-7907.

NEW MEMBERS

God's Country Bushhogging LLC- Veteran owned business providing services such as bushhogging, forestry mulching, land clearing in TN and KY. Licensed and insured.



HOSTED BY:

Lafayette Rotary Club
 Macon County Health Council
 Macon Community Hospital
 Macon County Coordinated School Health
 Lafayette Interact Club
 Lafayette Jr. Interact Club
 UT Extension

Saturday, September 10, 2022, Beginning at 8 a.m.

MACON COUNTY JUNIOR HIGH SCHOOL
 1003 Highway 52 By-Pass East • Lafayette, TN

- 5K • 3-Mile Walk • 1-Mile Kids Events • Bouncy Equipment
- 10-Mile Bike Tour • Gaga Ball • 30-Mile Bike Tour

LUNG CANCER SCREENINGS

at Macon Community Hospital

LUNG CANCER IS THE LEADING CAUSE OF CANCER DEATH in the United States and worldwide. If you are a long-term, heavy or former smoker aged 50 or older, or have other high-risk factors that may contribute to the development of lung cancer, then a low-dose computed tomography (LDCT) lung cancer screening may be right for you!

THIS SIMPLE, NON-INVASIVE SCAN is our newest tool to help detect lung cancer at its earliest, most treatable stage. It is also the only test that has been proven to detect lung cancer at early onset and improve survival rates.

DURING THE MONTH OF AUGUST Macon Community Hospital will be offering lung cancer screenings **FOR ONLY \$50!** If you're at a higher risk, talk to your doctor today about a screening referral!

For more information please contact us at **615-666-2147**


maconcommunityhospital.com • 305 West Locust Street • Lafayette, TN 37083

For more information call Macon Community Hospital at 615-666-2147



On July 25, 2022, Macon County and the City of Lafayette closed on the industrial property formerly owned by the Donoho family. We look forward to the growth and employment opportunities this addition to our industrial area will bring in the future!





First Horizon @Work provides a fully customizable financial wellness program at no cost to your company or your employees. We strive to reduce financial stress in the workplace by providing value to employees through financial wellness workshops, personalized financial guidance, banking benefits, and more!

Benefits:

- **The Financial Wellness Checkup** focuses on financial security and peace of mind. This confidential wellness check reviews key financial focus areas then provides a road map for moving forward with confidence. Employees can take advantage of this personalized appointment by visiting firsthorizon.com/appointment.
- **Financial Wellness workshops** provide general education on top financial topics. These workshops can be offered live, either virtually or in person, or as a pre-recorded on demand video series. Topics include-

<ul style="list-style-type: none"> Introduction to Financial Wellness 5 Factors of Financial Wellness Importance of Financial Goals Budgeting to Achieve Financial Goals Budgeting for Success 	<ul style="list-style-type: none"> More Bang for your Buck Understanding Credit Boosting your Score Understanding Fraud Identity Protection
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- **Banking Benefits** include checking and savings packages for employees, online financial wellness tools, and more.
- **New Hire Checking** is a feature designed to ease the new hire onboarding process. Hiring managers and/or Human Resources work directly with their First Horizon @Work coordinator to create an account for employees to establish direct deposit. *Banking regulations apply*

For more information and to enroll your company, reach out to:
 Donna Spears- @Work Coordinator | dspears@firsthorizon.com | 615-734-6089

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August 14, 2022
1:30pm - 3pm
Chamber of Commerce
Community Room
685 Highway 52 Bypass West
Lafayette, TN 37083

Cooking Class

Delicious Plant-Based Recipes that are Heart Healthy, Diabetes friendly and easy to make!

Join us and Learn How Food Can Be Your Medicine!

Register Now!
 Call (615) 666-6931

FOR A LIMITED TIME ONLY:

Rent My Skid Steer is offering FREE Delivery in Macon County - our great rates already include insurance, taxes and a tank full of diesel fuel but will also include delivery at no additional charge if reserved by the end of August.

\$300 total for a half day rental.....(4 hours)

\$400.....total for 1 day

\$600.....total for 2 days

\$1200.....total for a week

The skid steer is a Caterpillar 259d turbo with tracks and joysticks

Visit our website at www.rentmyskidsteerllc.com

for more info about us!

To reserve call Phil at 615-688-2374

or text 708-927-2222

Free estimates if an operator is needed - 25 years of Experience with driveways, erosion control, cement work, drainage issues, etc.



Phil & Janine Berg - Owners



Golfin' & Grillin'

Please join us for our monthly Friday night cookout on
August 5th following the scramble

Sliced pork shoulder & smoked bologna

Baked beans & chips

****\$8 per plate****

Drink is not included.

Must be signed up by Thursday, August 4th

Friday afternoon scramble will begin at 4:30pm.

Please call the Clubhouse by 4pm to sign up for the
scramble.

Macon County Chamber of Commerce

Leon & Marie Cothron

Macon County Welcome Center

685 Highway 52 Bypass West

Lafayette, TN 37083