



February 2024 NEWSLETTER

2024 Board of Directors and Staff:

Bryan Nichols-Chairperson, Tracie Wilburn- Vice Chairperson, Logan Tuck- Treasurer, James Harrison- Events Chairperson, Allie Dixon, Fellisha Adams, Laura Merlo, Billy Snyder, Craig Harris, Mayor Steve Jones, Mayor Jerry Wilmore, Mayor Kenneth Hollis, Jennifer Hardman- Executive Director, Brenda Hiatt- Assistant Director

Chamber Chat

We welcome our
2024 Leadership Macon Class!
Bobby Cox, Erin Richardson, Kelsey Dansby, James Harrison, Tiffany Cooper, Joni Williams, Jeff Cox, Judy Moore, Maria Casino, Tessa Dozier, Whitney Shrum, and Heather Brawner

685 Highway 52 Bypass West
Lafayette, TN 37083
Phone (615) 666-5885
Fax (615) 666-6969
Email mchamber@nctc.com
www.maconcountychamber.org

Tourism Spotlight

MACON COUNTY TENNESSEE
Highland Rim
DRIVING QUILT TRAIL



*Lafayette &
Red Boiling Springs*




UPPER CUMBERLAND QUILT TRAIL
www.uppercumberlandquilttrail.com

Stop by the Welcome Center
to pick up a brochure!

Upcoming Events



AMERICAN PICKERS

ALL SIGNS POINT TO ANOTHER GREAT SEASON

AMERICAN PICKERS ARE LOOKING FOR LARGE, RARE COLLECTIONS & THINGS THEY'VE NEVER SEEN BEFORE. TELL US THE INTERESTING STORY BEHIND YOUR STUFF!

TO BE CONSIDERED, PLEASE CONTACT US AT:
AMERICANPICKERS@CINEFLIX.COM
 or leave a voicemail at (646) 493-2184
 or on facebook: @GotAPick
PLEASE LET US KNOW:

- YOUR NAME, TOWN & STATE
- PHONE NUMBER
- WHERE YOUR COLLECTION IS LOCATED
- A DESCRIPTION OF YOUR ITEMS

HISTORY
cineflix

360 Lexington Ave Floor 21
 New York, NY, 10017
 USA

T: 212 206 0461
 F: 646 873 6512
 www.cineflixproductions.com



AMERICAN PICKERS to Film in Tennessee

The American Pickers are excited to return to Tennessee! They plan to film episodes of The History Channel hit television series throughout your area in March 2024.

AMERICAN PICKERS is a documentary series that explores the fascinating world of antique "picking" on The History Channel. The hit show follows skilled pickers in the business, as they hunt for America's most valuable antiques. They are always excited to find historically significant or rare items, in addition to unforgettable characters and their collections.

As they hit the back roads from coast to coast, the Pickers are on a mission to recycle and rescue forgotten relics. Along the way, they want to meet characters with amazing stories and fun items. They hope to give historically significant objects a new lease on life while learning a thing or two about America's past along the way. The Pickers have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before. They are ready to find extraordinary items and hear fascinating tales about them.

The American Pickers TV Show is looking for leads and would love to explore your hidden treasure. If you or someone you know has a unique item, story to tell, and is ready to sell...we would love to hear from you! Please note, the Pickers DO NOT pick stores, flea markets, malls, auction businesses, museums, or anything open to the public. If interested, please send us your name, phone number, location, and description of the collection with photos to:

americanpickers@cineflix.com or call (646) 493-2184
 facebook: @GotAPick



5TH ANNUAL MADE HERE MARKET



Celebrate Local Makers, Artist, Music, and Food.

Saturday April 27th, 2024 9am - 3pm

The Biz Foundry
 N Cedar Ave Cookeville, TN


www.thebizfoundry.org/mhm



Anyone and everyone who is interested in working with the Folk Medicine Festival is invited and encouraged to attend this meeting.

**Monday, February 26, 2024
 7:00 PM**

**Step Back In Time Shop and Vision 2020 Office
 252 Main Street
 Red Boiling Springs**



Ronnie McDowell


The Donoho Hotel February Show Schedule

February 2nd & 3rd
Friday & Saturday



February 8th & 9th
Thursday & Friday
* Valentine's Day Weekend

February 23rd & 24th
Friday & Saturday

Call 615-699-3141
For Showtimes,
Tickets &
Reservations



RonnieMcDowell.com
Facebook.com/ronniemcdowell

Valentine's Dance at the Macon Co. Senior

329 HWY 52 By-Pass East Lafayette, TN



February 10, 2024

7 till 10 (Door Opens At 6)

\$10.00 per Person

Band is **COUNTRY WILDFIRE**

Come eat supper with us

Homemade Chili or Homemade Vegetable Soup



Homemade Pimento Cheese

Crackers, Drink

And Homemade Peach Cobbler



All for \$10.00 per Plate

Bring your Sweetheart and Dance the night away or just come and eat and enjoy
the Music



Awesome Attitude, LLC presents...

Find Your P's

&

Setting and Achieving Powerful Goals

Passion • Purpose • Potential • Personal Mission

The Workshop

Find Your P's Successful people understand their *Passion*, have a well-defined *Purpose*, and use their *Potential* and *Personal Mission* to accomplish their goals and make a difference in the world.

In this interactive session, you will receive instruction and tools that will enable you to discover and walk away with:

Your true Passion • Your Purpose in life • A Personal Mission Statement

Everyday tasks to drive your Potential • Steps to overcome obstacles

How to overcome fear, frustration and overwhelm

This event will change your life!

However, there is limited availability based on a first come, first served basis.

Now is decision time for you. It's time to take control of your life, your dreams, and your potential to make your own difference in the world.

4 1-Hour Sessions • Monday Nights • March 4, 11, 18, 25 - 2024

6:00-7:00 pm CST on Zoom

Setting and Achieving Powerful Goals — The Workshop In this interactive workshop, you will walk away with the 7 steps necessary to set and achieve powerful goals. You will also learn the secret ingredient that successful goal setters use to achieve any goal.

Monday Night, April 1, 2024 6:00-7:00 pm CST on Zoom

Investment...

Find Your P's Only

Individual = \$99

Early Bird = \$79

(Register by 2-15-2024)

Goal Setting Workshop Only

Individual = \$59

Early Bird = \$39

(Register by 2-15-2024)

Both

Individual = \$129

Early Bird = \$109

(Register by 2-15-2024)

Presented by...



Stephen Shaner

The Attitude "Chiropractor"

www.awesomeattitude.net

To register and pay by check or credit card or for any questions, please contact Stephen at stephen@awesomeattitude.net

Changing Lives One Attitude at a Time



Be Healthier than Before in 2024!

Fun. Healthy. Free.

VEGETARIAN COOKING

AND NATURAL REMEDIES CLASS

Macon County Chamber Community Room

11 February, 2024

1:30 pm - 3:00 pm

685 Highway 52 Bypass West
Lafayette, TN 37083



What's in store?

- ✓ Delicious Plant-based recipes that are Heart-healthy & Diabetes friendly
- ✓ Handout of Recipes
- ✓ Food Samples
- ✓ Giveaways

Register at

(615) 666-6931

www.lighthouse.tn.adventistchurch.org

LIPID PANELS

February Screening Special!



TAKE YOUR HEALTH TO HEART! Knowing more about LDL, HDL, triglycerides and your overall cholesterol is the kind of information that just might save a life, because it allows our cardiac specialists to take better care of our patients.

IF YOU HAVE RISK FACTORS for heart disease such as smoking, diabetes, hypertension, being overweight, lack of exercise, or a family history of cholesterol issues, then we encourage you to ask about lipid panel testing. A lipid panel is a simple blood test to check your cholesterol levels, which should be closely monitored to aid in the prevention of clogged arteries.

DURING THE MONTH OF FEBRUARY, simply walk in Monday - Friday, 7am-5pm, and ask us for a **FREE Lipid Panel test!** No appointment is necessary. Just be sure to fast for at least 6 hours prior to coming in for the test. For more information about testing, visit us online at maconcommunityhospital.com/lipid-panels.

For more Information please contact us at
615-666-2147

maconcommunityhospital.com • 305 West Locust Street • Lafayette, TN 37083

CARDIAC SCORING

February Screening Special!



TAKE YOUR HEALTH TO HEART. If you're concerned about your heart health, Macon Community Hospital can help! During February we are offering a **\$50 Cardiac Calcium Scoring test**, which is a simple, easy test designed to tell our cardiac specialists your potential heart disease risk.

IF YOU HAVE RISK FACTORS FOR HEART DISEASE such as high cholesterol, smoking, family history, diabetes, hypertension, or others, then we encourage you to ask us if a Cardiac Calcium Scoring test is right for you. This simple, painless test uses state-of-the-art computer tomography (CT) imaging to determine if and how much hard plaque you may have in your coronary arteries.

THIS LIFESAVING TEST is being offered for **only \$50 this February** in honor of Heart Month! This discounted screening is self-pay and fees are due at the time of service. An appointment is required. For more information about testing, visit us online at maconcommunityhospital.com/cardiac-scoring.

For more Information please contact us at
615-666-2147

maconcommunityhospital.com • 305 West Locust Street • Lafayette, TN 37083

We are in need of individuals in your profession to share "the good news" about your career with 8th graders.

We would like to invite you to participate in an exciting event planned for over 2,300 Sumner County eighth graders who will be attending a **Career Exploration Fair at Volunteer State Community College on March 1, 2024, 8:30 am to 2:00 pm.**

Over 2,300 8th-grade students from Sumner County will be attending the Sumner County 8th Grade Career Exploration Fair hosted by Volunteer State Community College. Industry Representatives will share their future career opportunities with students through a live, campus event.

The Career Exploration Fair provides an avenue for eighth graders preparing to enter local high schools and to inform them of expanded opportunities in high school, such as career and technical education (CTE) and dual enrollment classes. This fair helps raise awareness and excitement that shows incoming freshmen the relevance of their studies and the opportunities their futures hold.

The students experiencing the Career Exploration Fair are prepared to visit the fair through an exploratory classroom curriculum that allows them to learn about professionalism and evaluate their personality, strengths, interests, and potential careers.

We are seeking career and industry representatives who can commit to a full-day event. Students will arrive in groups prepared to speak to you, college advisors, and college instructors in 25-minute shifts. Lunch is provided during a mid-day break. The day is fast-paced and fun!



After meeting with career and college representatives, students attending the event are better equipped to answer these questions:

- What are my goals?
- What are my career aspirations?
- What steps do I need to begin now to reach my goals?

There is no fee to attend this event. For additional information and to register, please visit <https://www.volstate.edu/dual-enrollment/career-exploration-fair>

For additional information, please contact us at:
Office of K12 Partnerships - dualenrollment@volstate.edu - 615-230-3742

1972-2016, Volunteer State Community College does not discriminate on the basis of race, color, religion, creed, ethnic or national origin, sex, sexual orientation, gender identity/ expression, disability, age (as applicable), status as a protected veteran, genetic information, and any other category protected by federal or state civil rights laws and regulations and by Tennessee Board of Regents policies with respect to all employment, programs, and activities. The following persons have been designated to handle inquiries regarding non-discrimination policies: Vice President of Human Resources, ms@volstate.edu, 1480 Nashville Pike, Gallatin, TN 37066, 615-230-5592; Volunteer State Community College's policy on non-discrimination can be found at <http://www.volstate.edu/about-us/diversity-and-inclusion>



How do I apply for the Incumbent Worker Training Grant Opportunities?

Are you interested in funding to assist in training your employees? If so, Workforce Connections works with local companies to fund up to \$25,000 of eligible training.

Complete pre-application online at <https://www.tn.gov/workforce/employers/training-redirect/grants-for-training.html>

OR Scan the QR code 

A member of our Business Services Team will be in contact to assist you in the registration process.

FOR QUESTIONS OR ASSISTANCE, Email jmiller@ucworkforce.org

For inquiries and concerns, please email businessservices@ucworkforce.org for assistance.

