

# February 2024 NEWSLETTER

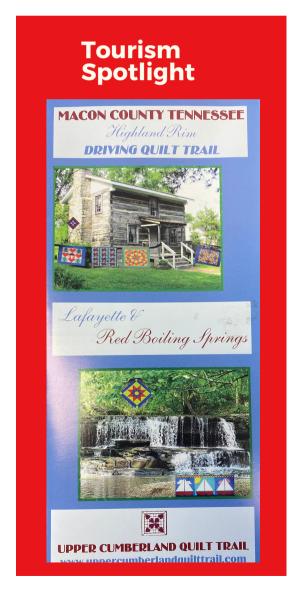
#### 2024 Board of Directors and Staff:

Bryan Nichols-Chairperson, Tracie Wilburn- Vice Chairperson, Logan Tuck- Treasurer, James Harrison- Events Chairperson, Allie Dixon, Fellisha Adams, Laura Merlo, Billy Snyder, Craig Harris, Mayor Steve Jones, Mayor Jerry Wilmore, Mayor Kenneth Hollis, Jennifer Hardman- Executive Director, Brenda Hiett- Assistant Director

### **Chamber Chat**

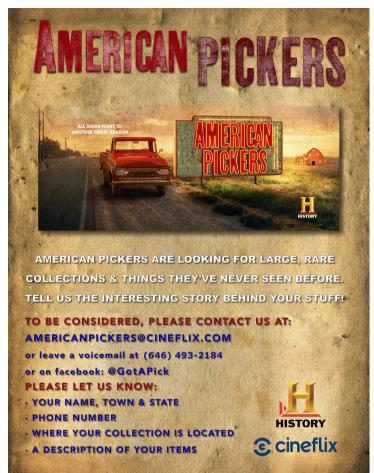
We welcome our
2024 Leadership Macon Class!
Bobby Cox, Erin Richardson, Kelsey
Dansby, James Harrison, Tiffany
Cooper, Joni Williams, Jeff Cox,
Judy Moore, Maria Casino, Tessa
Dozier, Whitney Shrum, and
Heather Brawner

685 Highway 52 Bypass West
Lafayette, TN 37083
Phone (615) 666-5885
Fax (615) 666-6969
Email mchamber@nctc.com
www.maconcountychamber.org



Stop by the Welcome Center to pick up a brochure!

## **Upcoming Events**



360 Lexington Ave Floor 21 New York, NY, 10017 T: 212 206 0461 F: 646 873 6512 www.cineflixproductions.com



#### AMERICAN PICKERS to Film in Tennessee

The American Pickers are excited to return to Tennessee! They plan to film episodes of The History Channel hit television series throughout your area in March 2024.

AMERICAN PICKERS is a documentary series that explores the fascinating world of antique "picking" on The History Channel. The hit show follows skilled pickers in the business, as they hunt for America's most valuable antiques. They are always excited to find historically significant or rare items, in addition to unforgettable Characters and their collections.

As they hit the back roads from coast to coast, the Pickers are on a mission to recycle and rescue forgotten relics. Along the way, they want to meet characters with amazing stories and fun items. They hope to give historically significant objects a new lease on life while learning a thing or two about America's past along the way. The Pickers have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before. They are ready to find extraordinary items and hear fascinating tales about them.

The American Pickers TV Show is looking for leads and would love to explore your hidden treasure. If you or someone you know has a unique item, story to tell, and is ready to sell...we would love to hear from you! Please note, the Pickers DO NOT pick stores, flea markets, malls, auction businesses, museums, or anything open to the public. If interested, please send us your name, phone number, location, and description of the collection with photos to:

americanpickers@cineflix.com or call (646) 493-2184 facebook: @GotAPick







Anyone and everyone who is interested in working with the Folk Medicine Festival is invited and encouraged to attend this meeting.

Monday, February 26, 2024 7:00 PM Step Back In Time Shop and Vision 2020 Office 252 Main Street Red Boiling Springs



# Valentine's Dance at the Macon Co. Senior



329 HWY 52 By-Pass East Lafayette, TN

February 10, 2024

7 till 10 (Door Opens At 6)

\$10.00 per Person

#### **Band is COUNTRY WILDFIRE**

#### Come eat supper with us

Homemade Chili or Homemade Vegetable Soup



**Homemade Pimento Cheese** 

Crackers, Drink

And Homemade Peach Cobbler

All for \$10.00 per Plate

Bring your Sweetheart and Dance the night away or just come and eat and enjoy the Music



Awesome Attitude, LLC presents...

Find Your P's

&

Setting and Achieving Powerful Goals

Parrian & Burnara & Batantial & Barranal Missian

The Worksho

Find Your P's Successful people understand their Passion, have a well-defined Purpose, and use their Potential and Personal Mission to accomplish their goals and make a difference in the world.

In this interactive session, you will receive instruction and tools that will enable you to discover and walk away with:

Your true Passion • Your Purpose in life • A Personal Mission Statement Everyday tasks to drive your Potential • Steps to overcome obstacles

How to overcome fear, frustration and overwhelm

This event will change your life!

However, there is limited availability based on a first come, first served basis.

Now is decision time for you. It's time to take control of your life, your dreams, and your potential to make your own difference in the world.

4 1-Hour Sessions • Monday Nights • March 4, 11, 18, 25 - 2024 6:00—7:00 pm CST on Zoom

Setting and Achieving Powerful Goals — The Workshop In this interactive workshop, you will walk away with the 7 steps necessary to set and achieve powerful goals. You will also learn the secret ingredient that successful goal setters use to achieve any goal.

Monday Night, April 1, 2024 6:00-7:00 pm CST on Zoom

Investment...

Find Your P's Only
Individual = \$99

(Register by 2-15-2024)

Goal Setting Workshop Only Individual = \$59 Early Bird = \$39 Both Individual = \$129

(Register by 2-15-2024)

Early Bird = \$109 (Register by 2-15-2024)

Presented by...



Stephen Shaner
The Attitude "Chiropractor"

To register and pay by check or credit card or for any questions, please contact Stephen at steohen@awesomeattitude.net

Changing Lives One Attitude at a Time



Be Healthier than Before in 2024! Fun. Healthy. Free.

**VEGETARIAN COOKING** 

AND NATURAL REMEDIES CLASS

Macon County Chamber Community Room
iii 11 February, 2024

( 1:30 pm - 3:00 pm

685 Highway 52 Bypass West Lafayette, TN 37083

#### What's in store?

- Ø Delicious Plant-based recipes that are Heart-healthy & Diabetes friendly
- Food Samples
- Giveaways







### LIPID PANELS

February Screening Special!



TAKE YOUR HEALTH TO HEART! Knowing more about LDL, HDL, triglycerides and your overall cholesterol is the kind of information that just might save a life, because it allows our cardiac specialists to take better care of our patients.

IF YOU HAVE RISK FACTORS for heart disease such as smoking, diabetes, hypertension, being overweight, lack of exercise, or a family history of cholesterol issues, then we encourage you to ask about lipid panel testing. A lipid panel is a simple blood test to check your cholesterol levels, which should be closely monitored to aid in the prevention of clogged arteries.

DURING THE MONTH OF FEBRUARY, simply walk in Monday - Friday, 7am-5pm, and ask us for a FREE Lipid Panel test! No appointment is necessary. Just be sure to fast for at least 6 hours prior to coming in for the test. For more information about testing, visit us online at

For more information please contact us at 615-666-2147

maconcommunityhospital.com • 305 West Locust Street • Lafayette, TN 37083



#### CARDIAC SCORING

February Screening Special!



TAKE YOUR HEALTH TO HEART. If you're concerned about your heart health, Macon Community Hospital can help! During February we are offering a \$50 Cardiac Calcium Scoring test, which is a simple, easy test designed to tell our cardiac specialists your potential heart disease risk.

IF YOU HAVE RISK FACTORS FOR HEART DISEASE such as high cholesterol, smoking, family history, diabetes, hypertension, or others, then we encourage you to ask us if a Cardiac Calcium Scoring test is right for you. This simple, painless test uses state-of-the-art computer tomography (CT) imaging to determine if and how much hard plaque you may have in your coronary arteries.

THIS LIFESAVING TEST is being offered for only \$50 this February in honor of Heart Month! This discounted screening is self-pay and fees are due at the time of service. An appointment is required. For more information about testing, visit us

> For more information please contact us at 615-666-2147

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We are in need of individuals in your profession to share "the good news" about your career with 8th graders.

We would like to invite you to participate in an exciting event planned for over 2,300 Summer County eighth graders who will be attending a Career Exploration Fair at Volunteer State Community College on March 1, 2024, 8:30 am to 2:00 pm.

Over 2,300 8th-grade students from Summer County will be attending the Summer County 8th Grade Career Exploration Fair hosted by Volunteer State Community College. Industry Representatives will share their future career opportunities with students through a live, campus event.

The Career Exploration Fair provides an avenue for eighth graders preparing to enter local high schools and to inform them of expanded opportunities in high school, such as career and technical education (CTE) and dual enrollment classes. This fair helps raise awareness and excitement that shows incoming freshmen the relevance of their studies and the opportunities their futures hold.

The students experiencing the Career Exploration Fair are prepared to visit the fair through an exploratory classroom curriculum that allows them to learn about professionalism and evaluate their personality, strengths, interests, and potential careers.

We are seeking career and industry representatives who can commit to a full-day event. Students will arrive in groups prepared to speak to you, college advisors, and college instructors in 25-minute shifts. Lunch is provided during a mid-day break. The day is fast-paced and fun!



After meeting with career and college representatives, students attending the event are better equipped to answer these questions:

What are my career aspirations? What steps do I need to begin now to reach my

There is no fee to attend this event. For additional information and to register, please visit https://www.volstate.edu/dual-enrollment/career-exploration-fair

For additional information, please contact us at: Office of K12 Partnerships - dualenrollment@volstate.edu - 615-230-3742

0-2016. Volunteer State Community College does not discriminate on the basis of new, color, religios, creed, otheir or national origin, say, extend reinstation, gender identity/ as ion, disability, age (as applicable), status as a protested voterus, genetic information, and say other untegory protested by Sederal or state sivil rights laws and regulations and by name Board of Ragants policies with respect to all employment, programs, and autholine. The following porson has been designated to handle impairine requesting a new-nice action policies. Vian President of Human Ramonous, montploystants acts, 1600 Nathorlin Pilas, Gallarin, TN 17066, 615-200-3902. Voluntuer Stam Consumolty Cultage's policy action instant on an in Sential at Hape, Views volunts and hand-designed in section and the consumer of the section and the section and



Are you interested in funding to assist in training your employees? If so, Workforce Connections works with local companies to fund up to \$25,000 of eligible training.

Complete pre-application online at https://www.tn.gov/workforce/employers/ training-redirect/grants-for-training.html

OR Scan the QR code

A member of our **Business Services Team** will be in contact to assist you in the registration process

FOR QUESTIONS OR ASSISTANCE.

Email jmiller@ucworkforce.org

For inquiries and concerns, please email businessservices@ucworkforce.org for assistance

